
October 2023



Issue 10

The scoop of the day

Happy Halloween!

Halloween came to the United States when European immigrants "brought their varied Halloween customs with them". The history of trick-or-treating traces back to Scotland and Ireland, where the tradition of guising, going house to house at Halloween and putting on a small performance to be rewarded with food or treats, goes back at least as far as the 16th century, as does the tradition of people wearing costumes at Halloween.



Halloween Party

Our annual Halloween Party will be on October 19, 2023 at the Church of the Nazarene. Put on your costume and join us for the festivities after our monthly meeting.

There will be prizes awarded for the best costumes (1st place, 2nd place and 3rd place) as voted by our members.

It'll be a spooky good time!

The city of Fort Lauderdale is offering Community Emergency Rescue Team (CERT) training in October.

Their BASIC Course will be on October 7 and October 14. If you are interested in joining CERT, the city of Fort Lauderdale has an event calendar with a registration for the classes on this date.

For more information about CERT, or to register for a class, please call the Domestic Preparedness & Emergency Management Bureau at 954-828-6700 or email at FTL.EM@fortlauderdale.gov.



Climate Change

Everyone can help limit climate change. From the way we travel, to the electricity we use and the food we eat, we can make a difference. Start with these ten actions to help tackle the climate crisis.

Save energy at home



Much of our electricity and heat are powered by coal, oil, and gas. Use less energy by lowering your heating and cooling, switching to LED light bulbs and energy-efficient electric appliances, washing your laundry with cold water, or hanging things to dry instead of using a dryer.

Walk, bike, or take public transport



The world's roadways are clogged with vehicles, most of them burning diesel or gasoline. Walking or riding a bike instead of driving will reduce greenhouse gas emissions — and help your health and fitness. For longer distances, consider taking a train or bus. And carpool whenever possible.

Eat more vegetables



Eating more vegetables, fruits, whole grains, legumes, nuts, and seeds, and less meat and dairy, can significantly lower your environmental impact. Producing plant-based foods generally results in fewer greenhouse gas emissions and requires less energy, land, and water.